



# The Institute of Family Living

## EMPLOYMENT AND VOCATIONAL COUNSELLING

Our employment and vocational counsellors deals with the ways in which individuals and workplaces adapt to each other. Their expertise is the promotion of employee and organizational well-being through the evaluation, prevention, and treatment of problems that exist in all companies. This function is critically important for both employees and employers because it minimizes both human and business costs.

Vocational adjustment is important because work encompasses a large part of daily life and provides a major source of personal identity and role definition. Coping with a job is a continuous, complex process that, at its best, can provide professional satisfaction, security, personal development, and successful integration of work and family.

Managers and employers often need help to accomplish their goals through realizing the capabilities of their human resources. Issues of time and money, dealt with responsibly, can improve their emotional well-being and that of their staff.



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